



ST VINCENT'S PATHOLOGY



ST VINCENT'S  
HOSPITAL  
SYDNEY

A FACILITY OF ST VINCENT'S HEALTH AUSTRALIA

# Getting the Right Answer The Importance of Traceability

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# Acknowledgements



ASIA-PACIFIC FEDERATION FOR CLINICAL BIOCHEMISTRY  
AND LABORATORY MEDICINE



Accurate results  
for patient care



# Contents

- History and philosophy
- Interpreting laboratory results
- Performing measurements
- The science and practice of Metrology
- Improving metrological traceability today
- (creatinine as an example)



# Chia Measure: China 45 BC – AD 23



國立故宮博物院  
NATIONAL PALACE MUSEUM

Taiwan

**Combination of five volume measures.**

2 he = 1 ho, 10 ho = 1 sheng, 10 sheng = 1 tou, 10 tou = 1 hu.

Inscription of 249 characters explains the origins, individual parts, and dimensions of the individual parts.

# Chia Measure: China 45 BC – AD 23



國立故宮博物院  
NATIONAL PALACE MUSEUM

Taiwan

**Multiple copies made - Sent around the country**

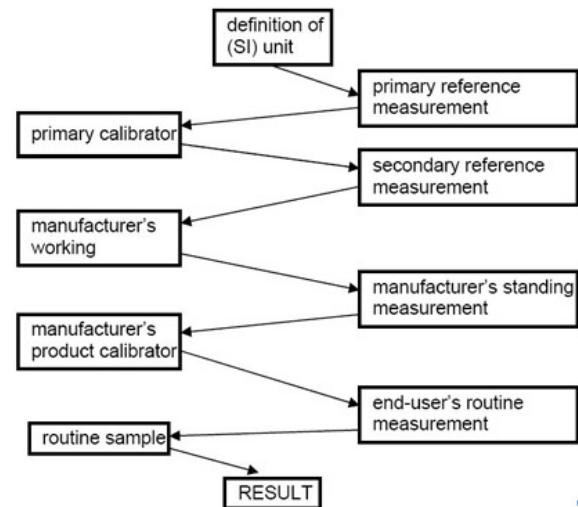
**Standardised measurement and trade**

**Authenticity “certified” by inscription**

***→ same result in different times and places***

# Measurements

- Every civilisation and every craft has its tools for spreading measurement standards
- Traceability is the modern version
- Lets apply this to Laboratory Medicine ....





# Terminology

- **Measurement** Traceability
- Trueness
- Bias
- “Getting the right answer”

# Laboratory Medicine

- **Our goal:** To improve patient health
- **Our tools:** Laboratory tests
- **Our mechanism:** Support medical decisions



# Numerical laboratory results

## *Example:*

Mr Bill Bloggs (DoB 1 Jul 1950)

Sample Collected: 21 Aug 2012, 10:00 am

<u>Test</u>	<u>Result</u>	<u>Units</u>
Serum creatinine:	<b>125</b>	umol/L

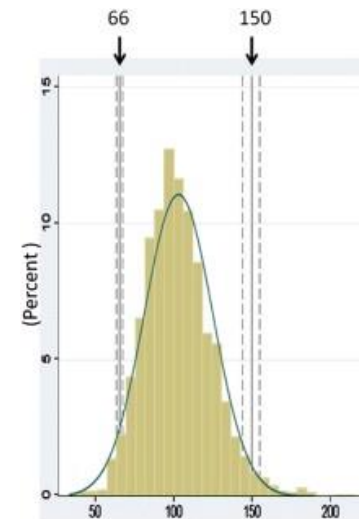
**How is this number interpreted?**

# Interpreting laboratory results

**All results are interpreted by comparison.**

*Comparison may be with:*

- **A clinical decision point**
- **A population reference interval**
- **A previous result from the patient**



	5-Aug	1-Aug	
Creatinine:	110	125	umol/L

# For valid comparisons ...

- **Results** must be unbiased relative to the results used to create the **comparator**
- **Clinical Decision Point**
  - Method used to perform the study
- **Population reference interval**
  - Method used for the reference interval study
- **Previous result on the patient**
  - Method used for the previous result

# Are Unbiased Results Important?

# Bias: Adverse clinical effects

## Biased results →

(results not comparable with the comparator):

- Wrong diagnosis
- Wrong management
- Incorrect monitoring

**→ *patient harm***

# Bia: Applying Evidence

*Comparison may be with:*

- **A clinical decision point**
- **Derived from the medical literature**



- Comparable results required for  
***evidence-based medicine***

# Bias: Financial issues?

- Unnecessary testing costs due to **analytical factors** (patient recalls, follow-up, treatment):
- Germany 1.5 Billion US\$ per year
  - German Health Report 1998
- USA 7.5 Billion US\$ per year
  - Willie May, Chief Analytical Chemistry NIST

→ *Wasteful*



# Bias: E-Health

- Combining results in an Electronic Medical Record
- Valid only if results comparable
- The public expects this!

→ *IT Ready*



# Without comparable results ..

**Laboratory Medicine is:**

***Not safe***

***Not evidence-based***

***Wasteful***

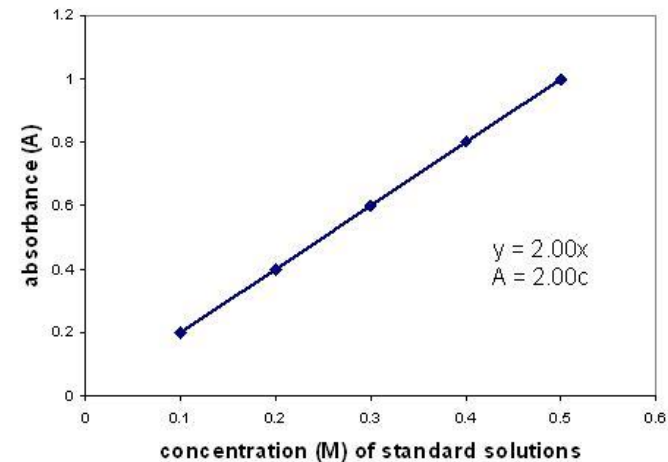
***Not IT Ready***

# Laboratory Measurements



# Laboratory Measurements

- All numerical **laboratory measurements** are made by **comparison**
- Analyte concentration in the **sample** is **compared** with concentration in the assay **calibrators**.
- Done using a standard curve
- **Value assignment of calibrators establishes assay trueness (bias)**

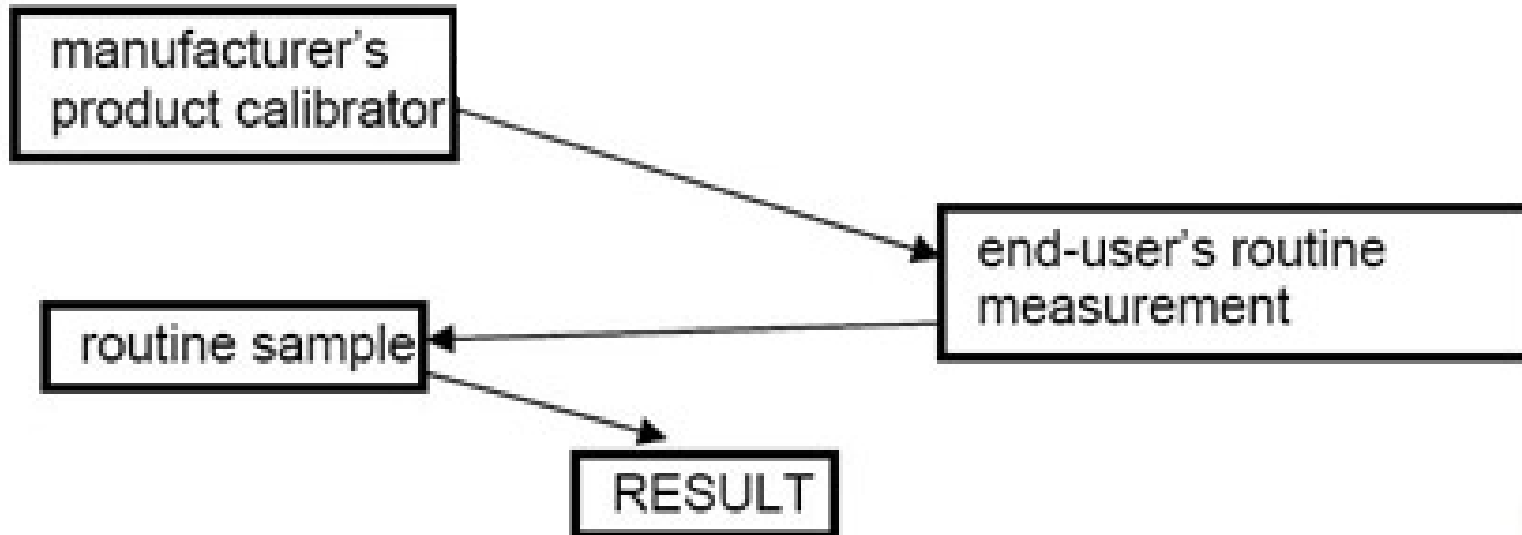


Materials

Methods

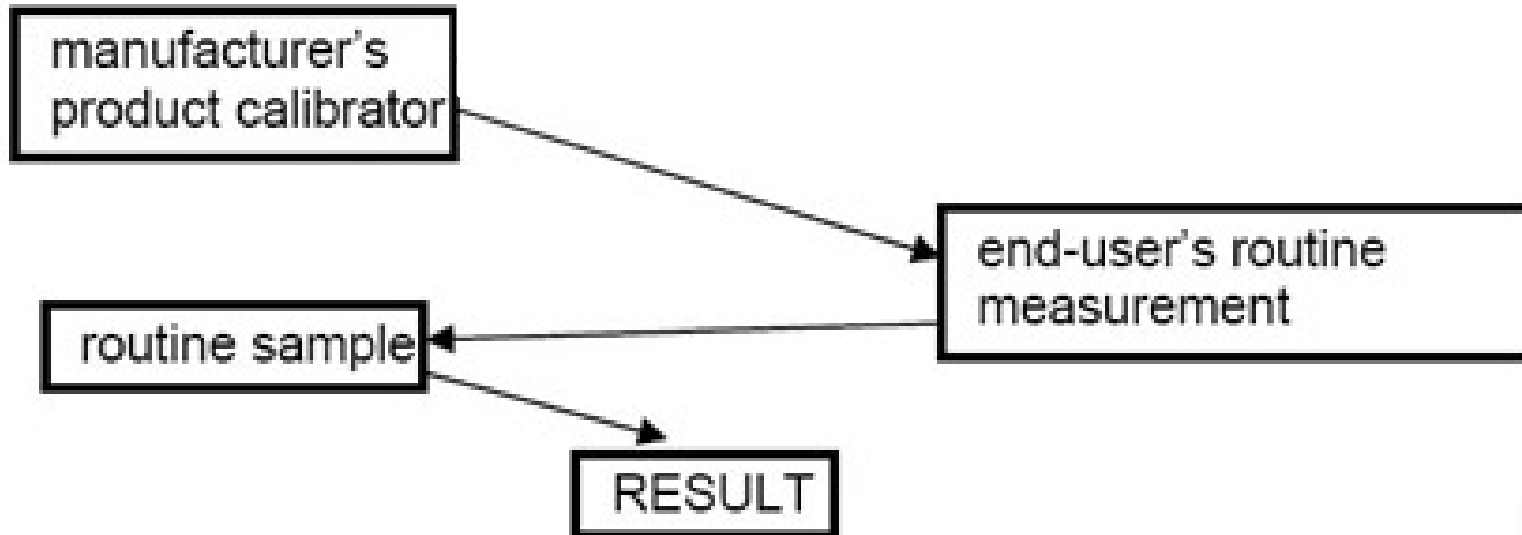
Calibrator value “sets” assay trueness / bias

How is the value of the calibrator set?



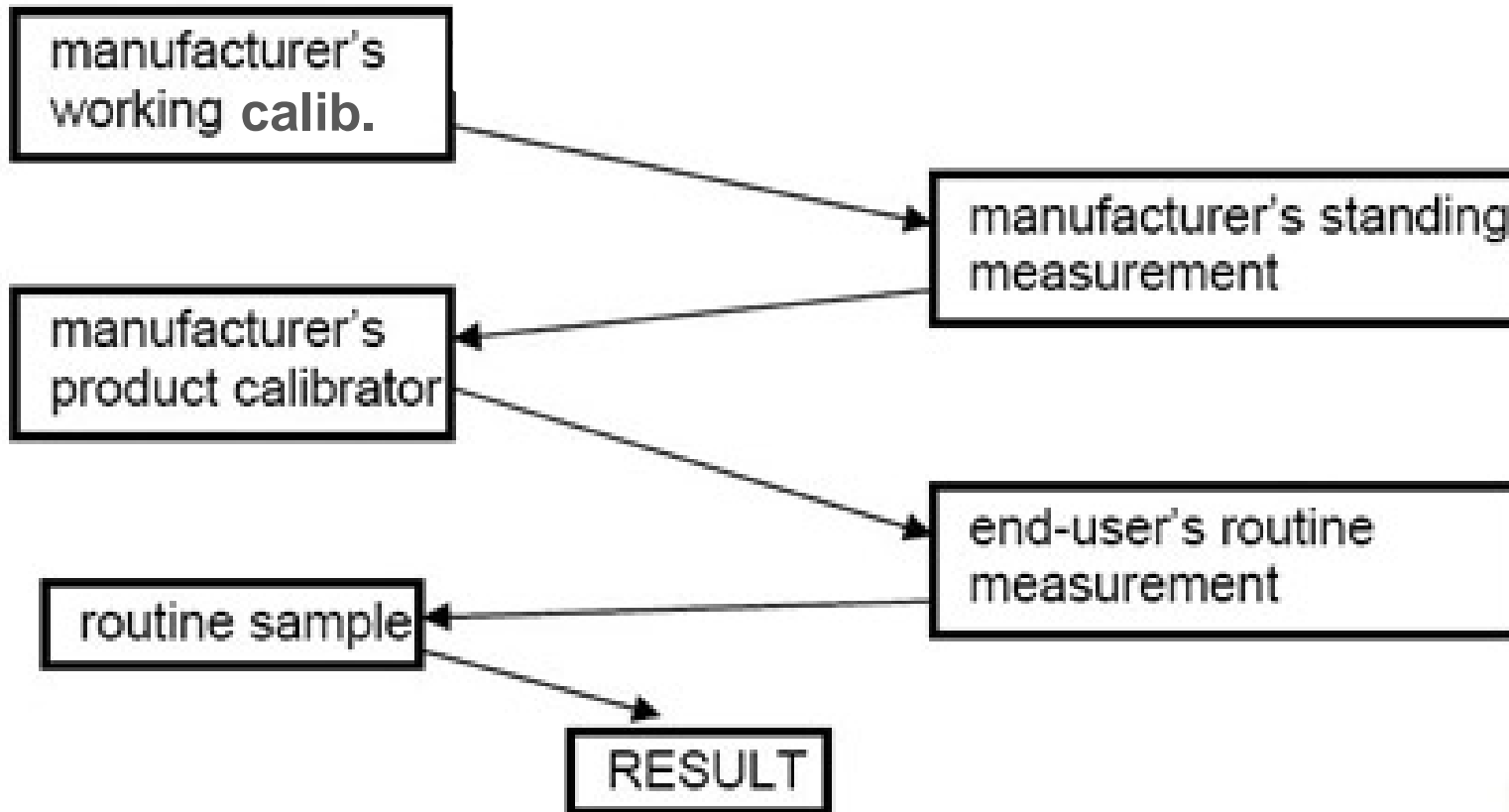
# Materials

# Methods



# Materials

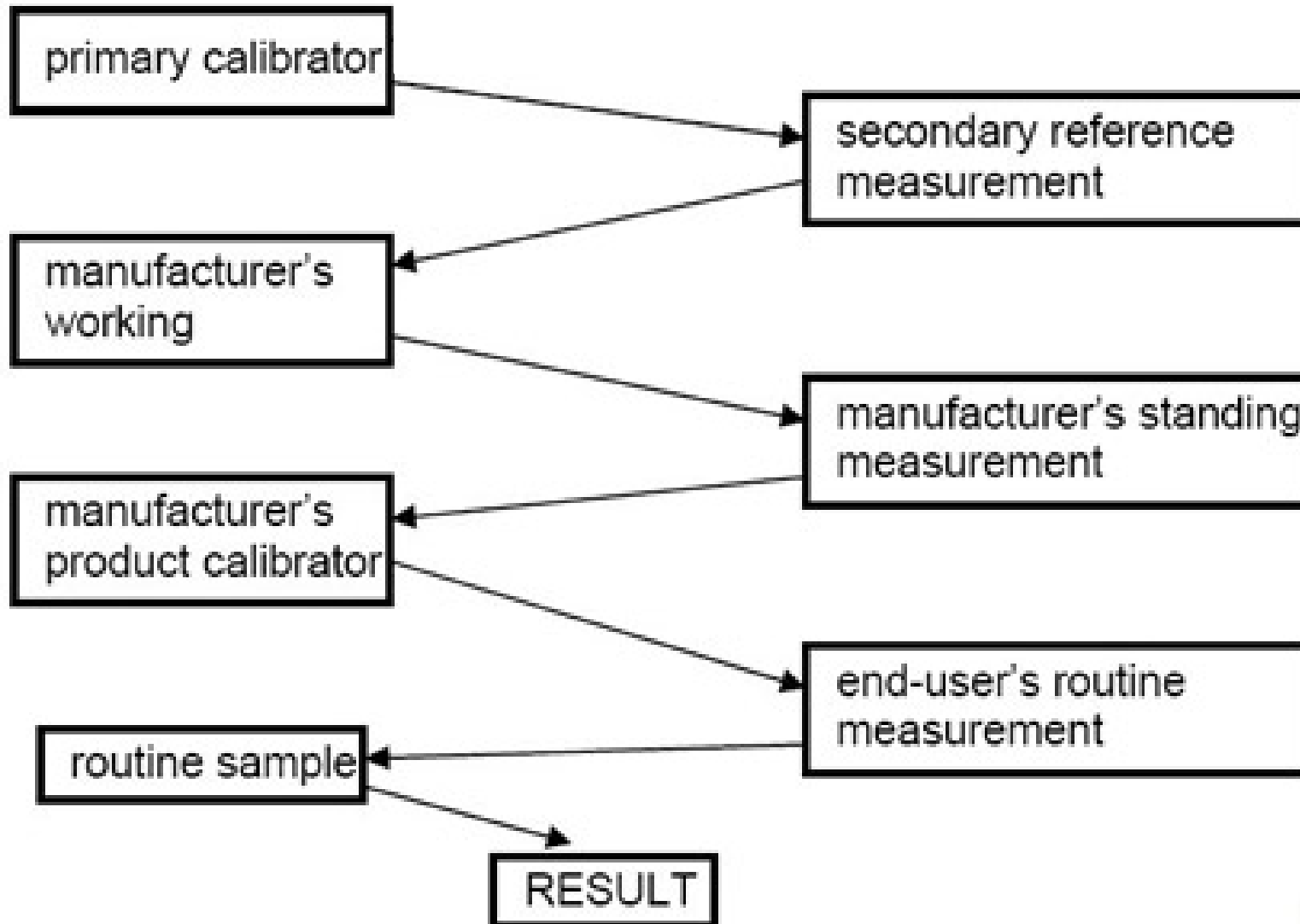
# Methods





## Materials

## Methods



Materials

definition of  
(SI) unit

Methods

primary reference  
measurement

primary calibrator

secondary reference

Calibration Hierarchy  
or  
Traceability chain

manufacturer  
working calibrator

ending

manufacturer  
product calibrator

end-user's routine  
measurement

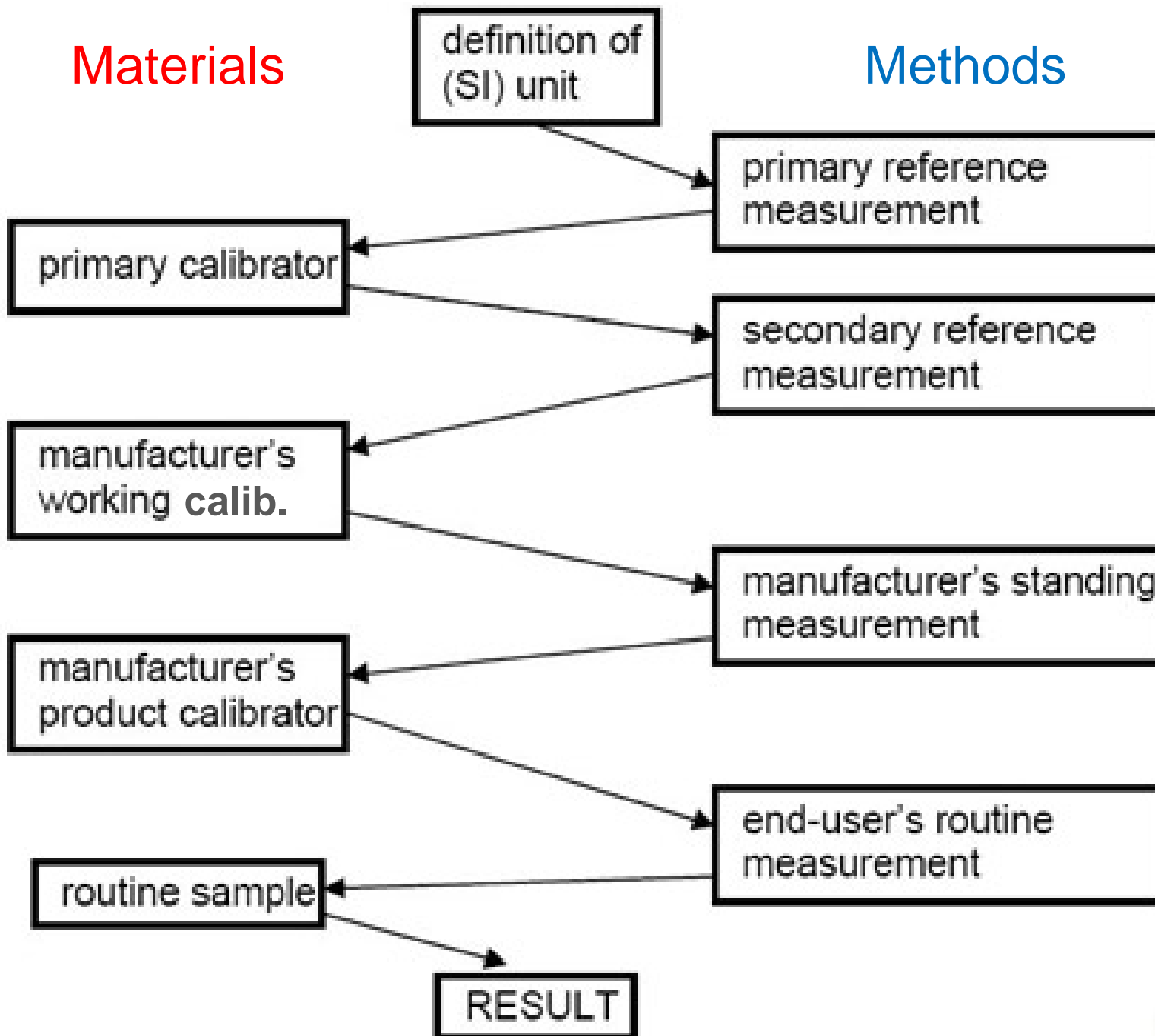
routine sample

RESULT



## Materials

## Methods

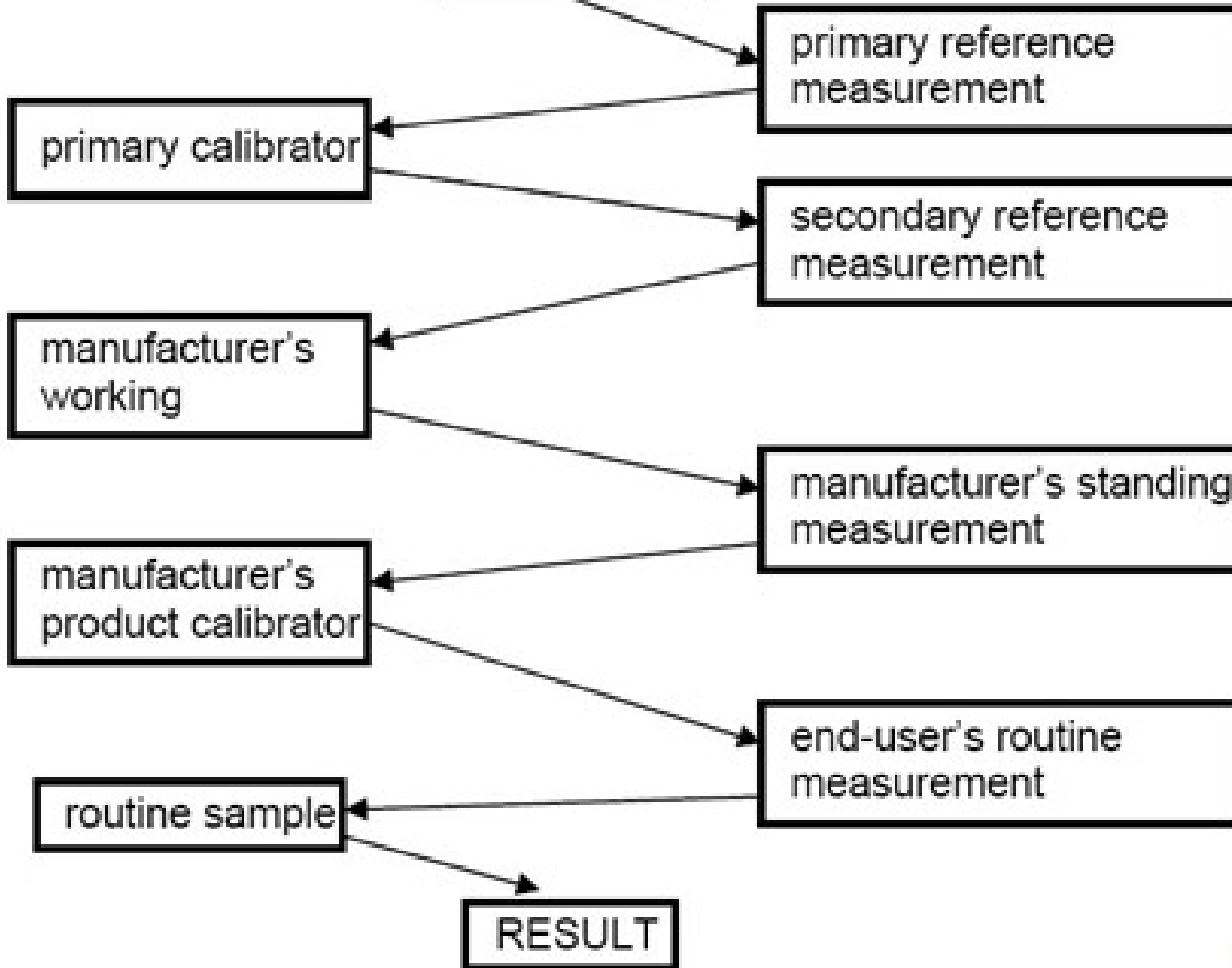


# Materials

definition of (SI) unit

# Methods

uncertainty



**Professional Organisations**

**National Measurement Institutes**

definition of (SI) unit

primary reference measurement

primary calibrator

secondary reference measurement

manufacturer's working

**Manufacturers**

manufacturer's standing measurement

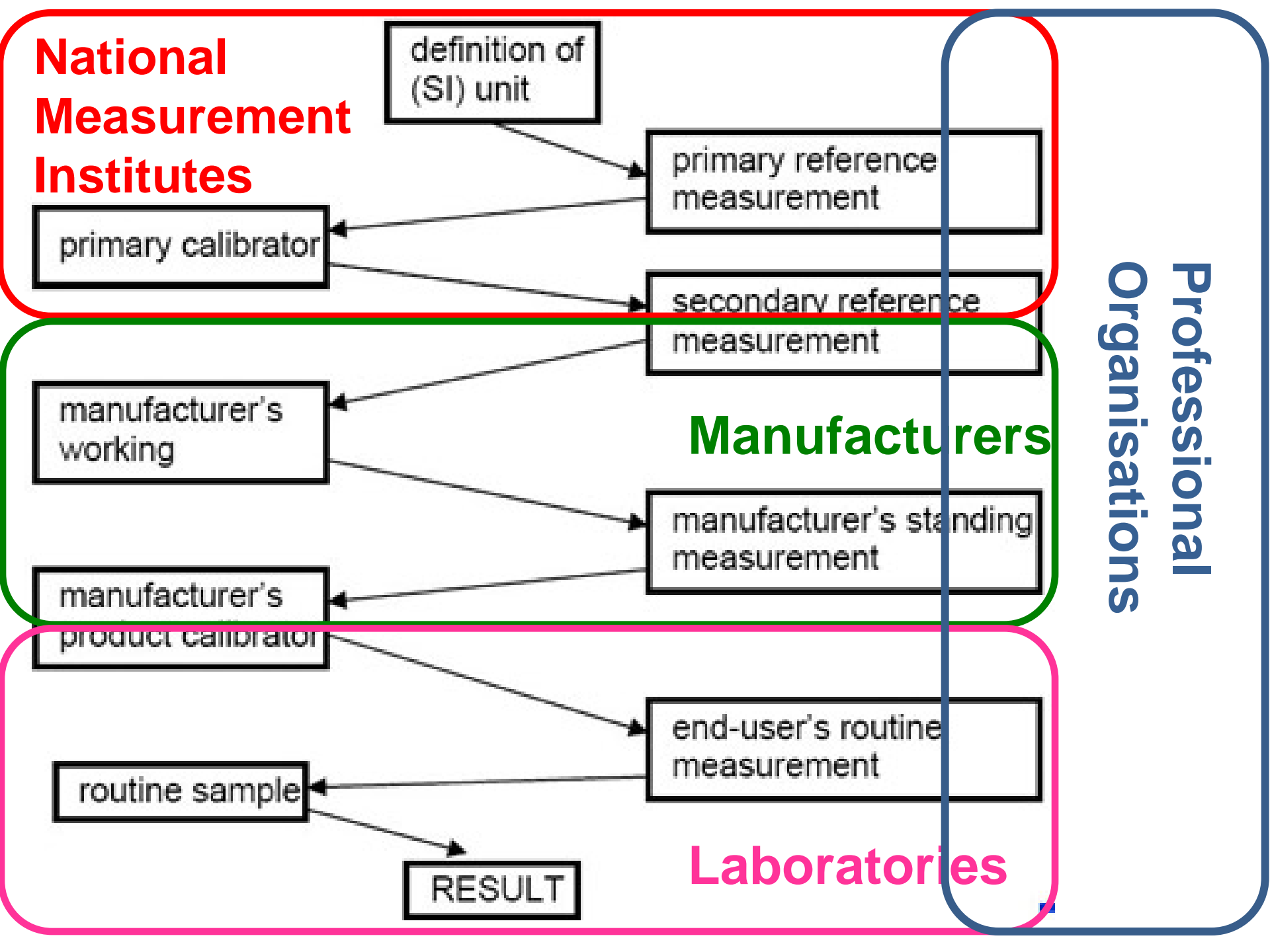
manufacturer's product calibrator

end-user's routine measurement

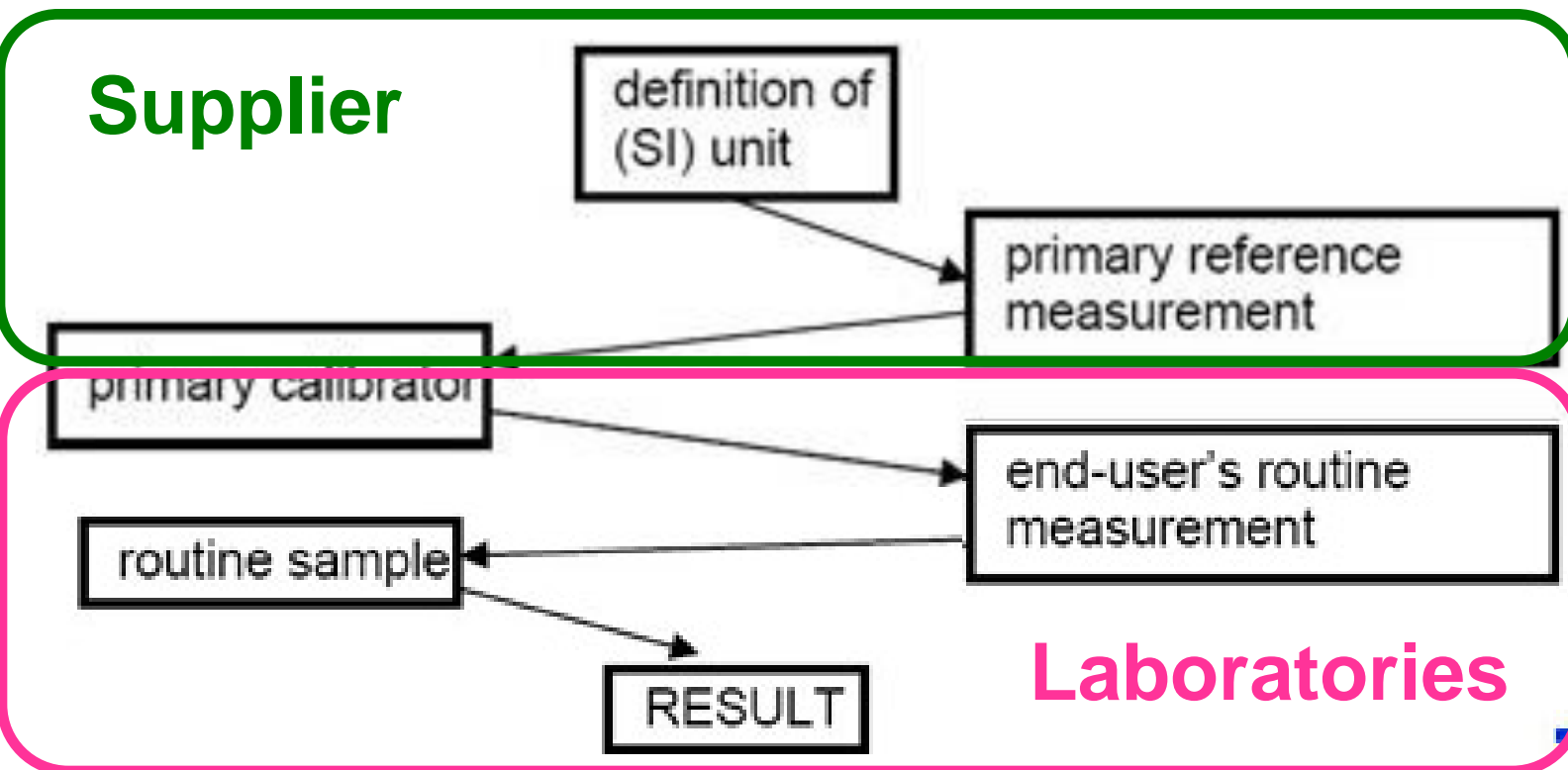
routine sample

**Laboratories**

RESULT



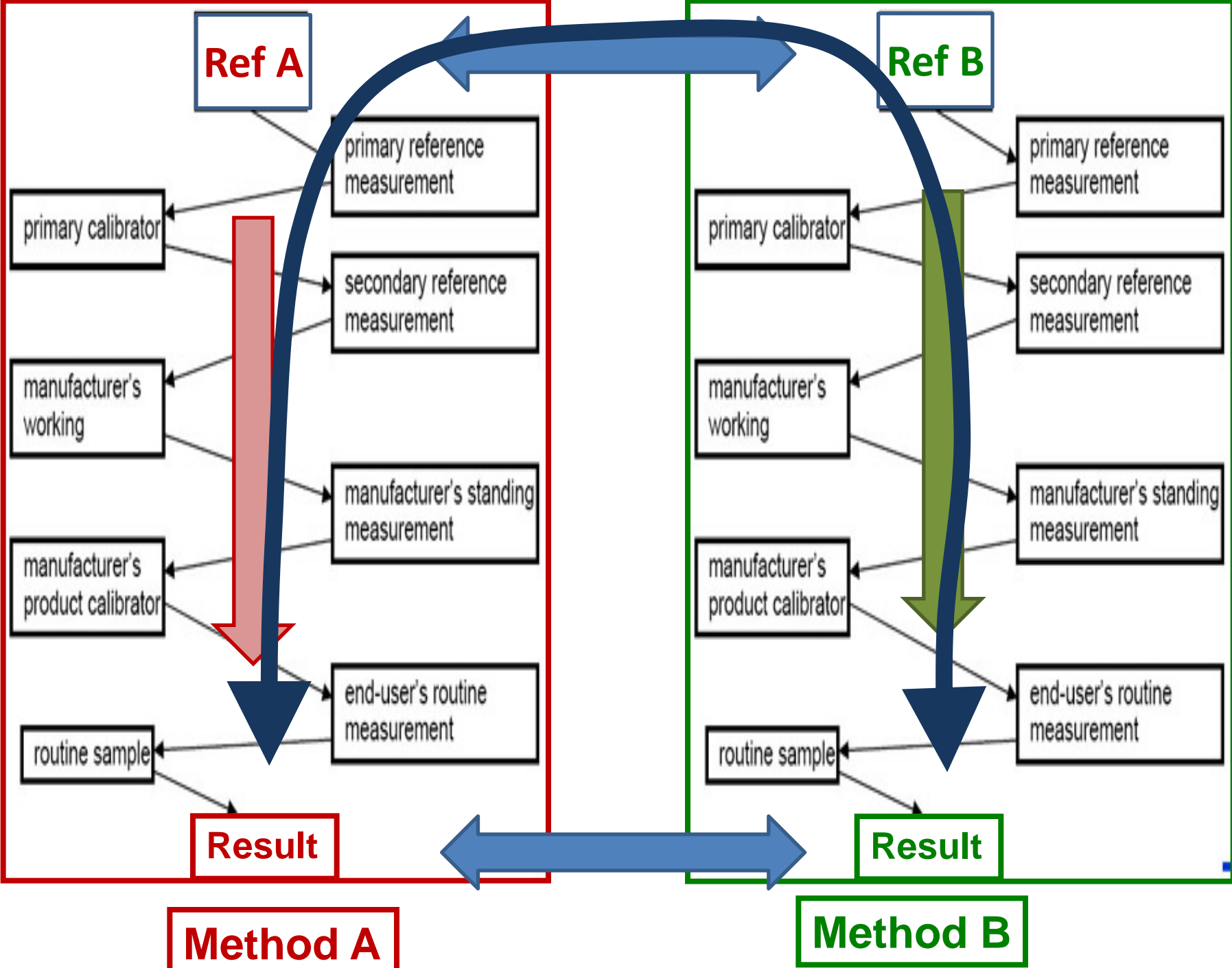
# Alternative traceability chain for some in-house assays



# The top of the traceability chain

- All assays are “anchored” in one of the following
  - A Material
  - A Method (eg Enzymes)





# Reference Materials

- **Certified Reference Materials**
  - Produced by National Measurement Institutes
  - Highly purified
  - Purity verified (and certified)
  - Very accurately weighed (and certified)
  - Reconstituted very accurately
- May also be “**Matrix matched**” eg urine, serum
  - Values assigned by comparison with pure materials

# CERTIFICATE OF ANALYSIS

## ERM<sup>®</sup> - DA252a

Frozen Human Serum		
Constituent	Certified value <sup>1</sup> (mg/kg)	Uncertainty <sup>2</sup> (mg/kg)
Creatinine	3.1	0.5
1) The certified value is traceable to the standards and analytical procedures used at LGC.		
2) The quoted uncertainty is the half-width of the expanded uncertainty calculated using a coverage factor, k, of 2.6, which gives a level of confidence of approximately 95 %.		

This certificate is valid for 3 months from the date of shipment provided the sample is stored under the recommended conditions.

The minimum amount of sample to be used is 0.4 g.

### NOTE

European Reference Material ERM<sup>®</sup>-DA252a was produced and certified under the responsibility of LGC according to the principles laid down in the Technical Guidelines of the European Reference Materials<sup>®</sup> co-operation agreement between BAM-LGC-IRMM. Information on these guidelines is available on the Internet (<http://www.erm-crm.org>).

Accepted as an ERM<sup>®</sup>, Teddington, September 2006  
Certificate revised July 2008

Signed: \_\_\_\_\_

Dr Derek Craston, UK Government Chemist  
LGC Limited

# Other Reference materials

- **International conventional calibrator**
  - Eg WHO standards
- **Other suppliers**
  - Eg US Pharmacopoeia, commercial suppliers
- **Manufacturer's In-house materials**

# Reference Methods

- For some analytes the a method **defines** the true result
- Examples: IFCC methods for AST, ALT, ALP
- Assays NOT calibrated with pure material
  
- For most analytes reference methods are **calibrated** by a material
- Examples: Isotope Dilution Mass Spectrometry

# Who decides?

The top of the chain is vital to accuracy.

What Reference Material or Method is the top of the Traceability Chain?



# Joint Committee on Traceability in Laboratory Medicine

- **JCTLM - Joining of:**
  - Metrology Community (BIPM)
  - Laboratory Medicine Community (IFCC)
  - Accreditation Community (ILAC)
- Different languages, different journals, different traditions, different history
- Aim to bring rigour and processes of metrology to laboratory medicine



# Metrology - BIPM

Bureau International de Poids et Mesures  
(International Bureau of Weights and Measures)

(Pont de Sevres, Paris)





# Metre Convention

- **The Metre Convention (1875)**
- Treaty to oversee the keeping of metric standards (SI – Systeme Internationale).
- 56 signatory countries in 2012
- **“..to promote world wide uniformity in units of measurement..”**
  
- **Chinese Taipei is an associate member of the General Committee of Weights and Measures**

# Metrology in practice

- **International network of Laboratories**
  - National Measurement Institutes
- **International Treaties**
  - Recognition of measurements
- **Metrology Research**
  - All aspects



# 國家度量衡標準實驗室

NATIONAL MEASUREMENT LABORATORY R.O.C.



氣瓶儲放



氣瓶真空清洗



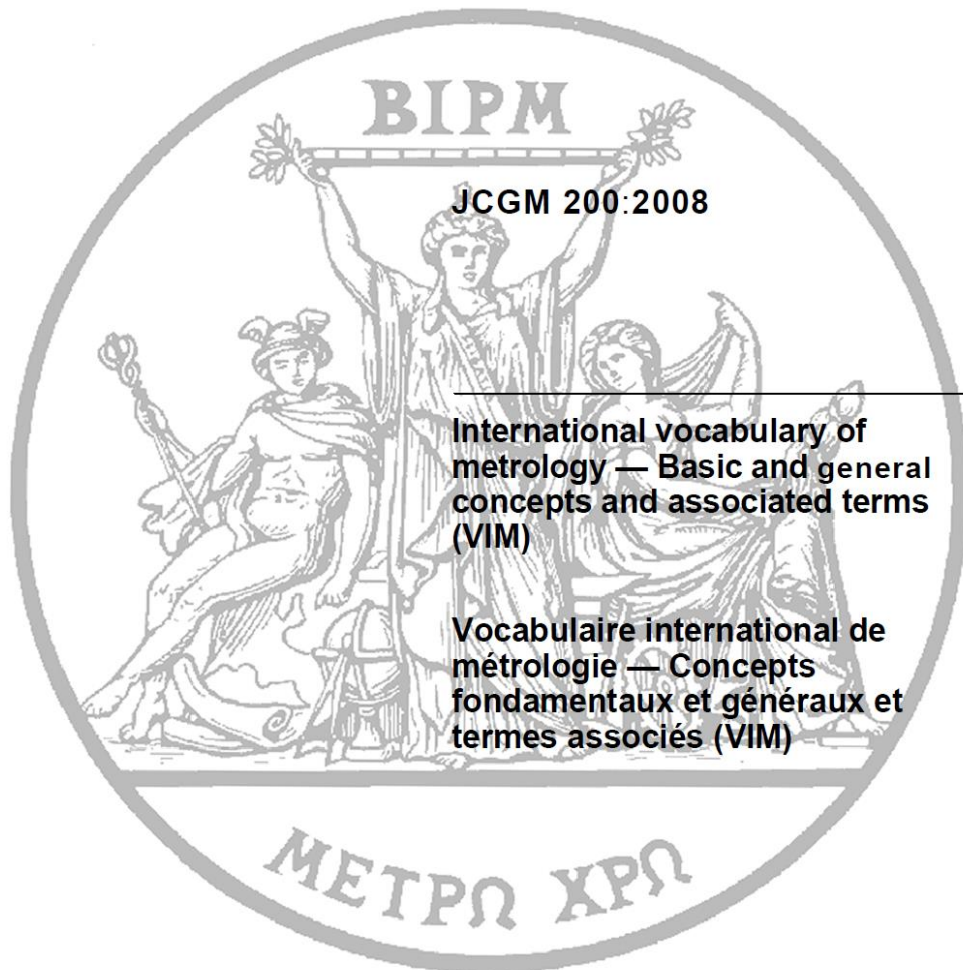
氣瓶衡重



氣體充填配製



# VIM – International Vocabulary of Metrology

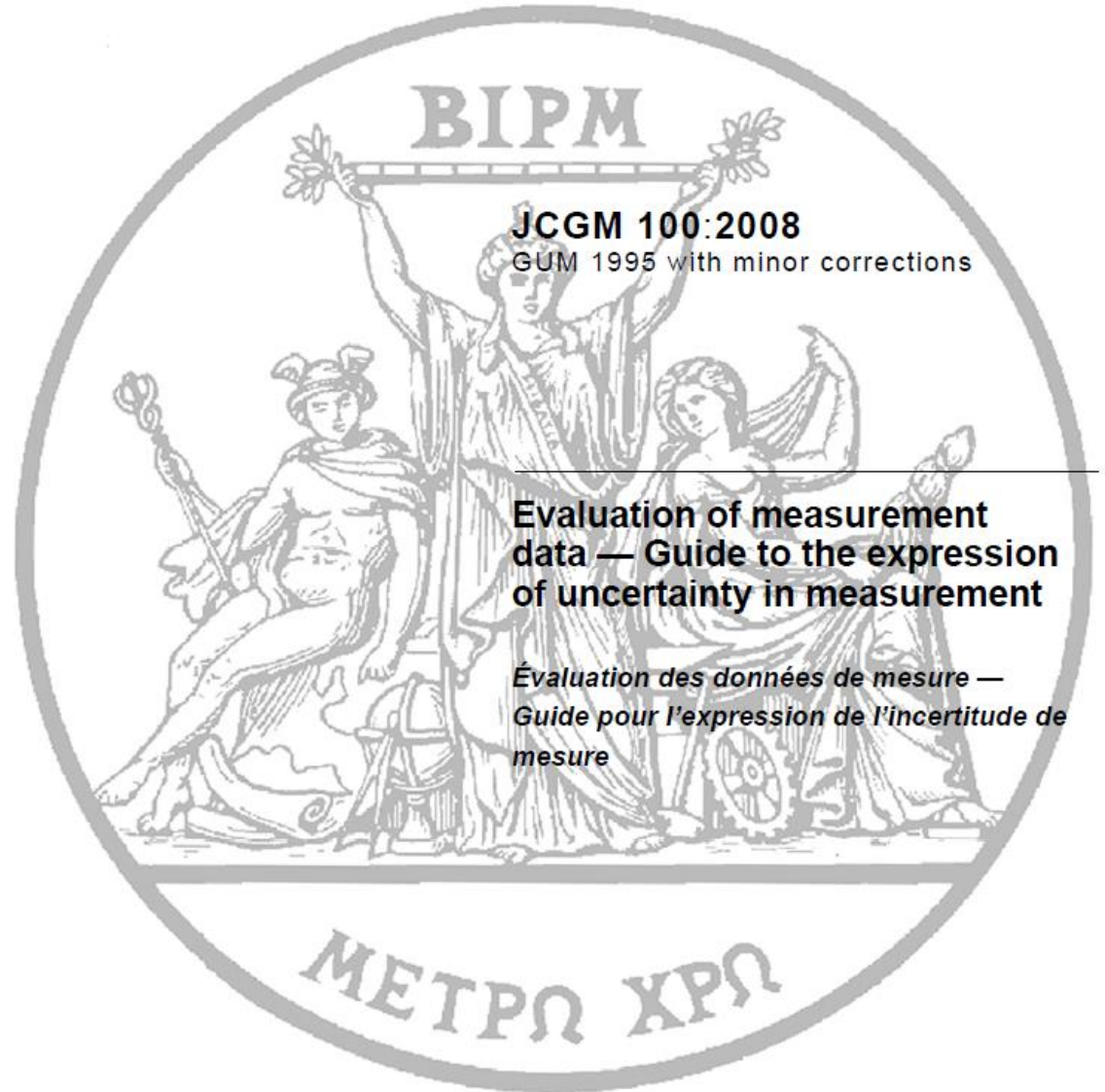


- Measurand
- Measurement Uncertainty
- Traceability



# “GUM”

## Guide to the Uncertainty of Measurement



# Systeme Internationale

---

Base quantity	SI base unit	
Name	Name	Symbol
length	metre	m
mass	kilogram	kg
time, duration	second	s
electric current	ampere	A
thermodynamic temperat	kelvin	K
amount of substance	mole	mol
luminous intensity	candela	cd

---



# The kilogram



**This international prototype, made of platinum-iridium, is kept at the BIPM under conditions specified by the 1st CGPM in 1889**

# Measurements in general

- Weighing a reagent
- Pipetting a volume
- Measuring absorbance
- Timing a reaction



- These are all possible because of metrology!



# JCTLM Output

- **Database of “higher Order ...”**
- Reference Materials
- Reference Methods
- Reference Laboratories

Meets traceability requirements of European Union  
Based on ISO standards

## JCTLM database: Laboratory medicine and *in vitro* diagnostics

### ↘ JCTLM Database

#### ➔ [SURVEY FORM](#)

➔ [List of reference materials no longer listed in the JCTLM Database](#) 

➔ [Contact us](#)

➔ [Back to Search Form](#)

### ↘ JCTLM

➔ [Why JCTLM?](#) 

➔ [Joint Committee for Traceability in Laboratory Medicine \(JCTLM\)](#)

➔ [Leaflet](#) 

### ↘ Analyte keyword search for reference materials, measurement methods/procedures and services

Type an analyte name in part or full, e.g. cholesterol

Refine search by analyte category

Refine search by matrix category

Please select your requirement :

- Higher-order reference materials
- Reference measurement methods/procedures
- Reference measurement services

Reset



Search



Search by Analyte

## ↘ Results of the search

**Your search criteria produced 7 summary results.**

Select one or several higher-order reference material summary descriptions amongst the following list and click on 'View' to access more information.

➔ [Select all items from the list](#)

Sort by :  Analyte  Matrix/Material  Organization

Select	Analyte	Analyte category	Matrix/Material	Organization
<input type="checkbox"/>	creatinine	metabolites and substrates	creatinine crystalline material	NIST
<input type="checkbox"/>	creatinine	metabolites and substrates	creatinine crystalline material	NMIJ
<input type="checkbox"/>	creatinine	metabolites and substrates	frozen human serum	CENAM
<input type="checkbox"/>	creatinine	metabolites and substrates	frozen human serum	NIST
<input type="checkbox"/>	creatinine	metabolites and substrates	human serum	IRMM
<input type="checkbox"/>	creatinine	metabolites and substrates	human serum	LGC
<input type="checkbox"/>	creatinine	metabolites and substrates	human serum	NIST

➔ [Deselect all items from the list](#)

View



# JCTLM Database

The JCTLM database currently lists:

- 298 RM for 175 measurands
- 180 RMP for 80 measurands
- 146 RMS for 39 measurands.



Accurate results  
for patient care

# Further Information ([www.bipm.org/jctlm/](http://www.bipm.org/jctlm/))



## Joint Committee for Traceability in Laboratory Medicine (JCTLM)

<a href="#">JCTLM</a>	<a href="#">Declaration of Cooperation</a>	<a href="#">Member organizations</a>	<a href="#">Nominations and review process</a>	<a href="#">JCTLM Database</a>
<a href="#">Workshops and Symposia</a>	<a href="#">Technical documents</a>	<a href="#">Further information</a>	<a href="#">Working area</a>	

### Joint Committee:

[JCTLM – Joint Committee for Traceability in Laboratory Medicine](#)

[JCTLM Executive Committee](#)

### JCTLM Working Groups:

[JCTLM Database WG: Reference Materials, Procedures and Measurement Laboratories](#)

[JCTLM WG on Traceability: Education and Promotion](#)

### JCTLM links

- [JCTLM Database](#)
- [Executive Committee](#)
- [JCTLM Database WG](#)
- [JCTLM WG on Traceability](#)

### JCTLM summary

- [General information](#)
- [Declaration of Cooperation](#)
- [Member organizations](#)
- [Nominations and review process](#)
- [JCTLM FAQs](#)
- [Reports of JCTLM Executive Committee](#)

# 3 Pillars of Laboratory Standardisation

1. Primary reference material
2. Primary reference method
3. Primary reference laboratory



# 4 Pillars of Laboratory Standardisation

1. Primary reference material
2. Primary reference method
3. Primary reference laboratory
4. **External Quality Assurance**  
**Traceable, commutable**



# 5 Pillars of Laboratory Standardisation

1. Primary reference material
2. Primary reference method
3. Primary reference laboratory
4. External Quality Assurance
- 5. Reference Intervals / Clinical Decision limits**

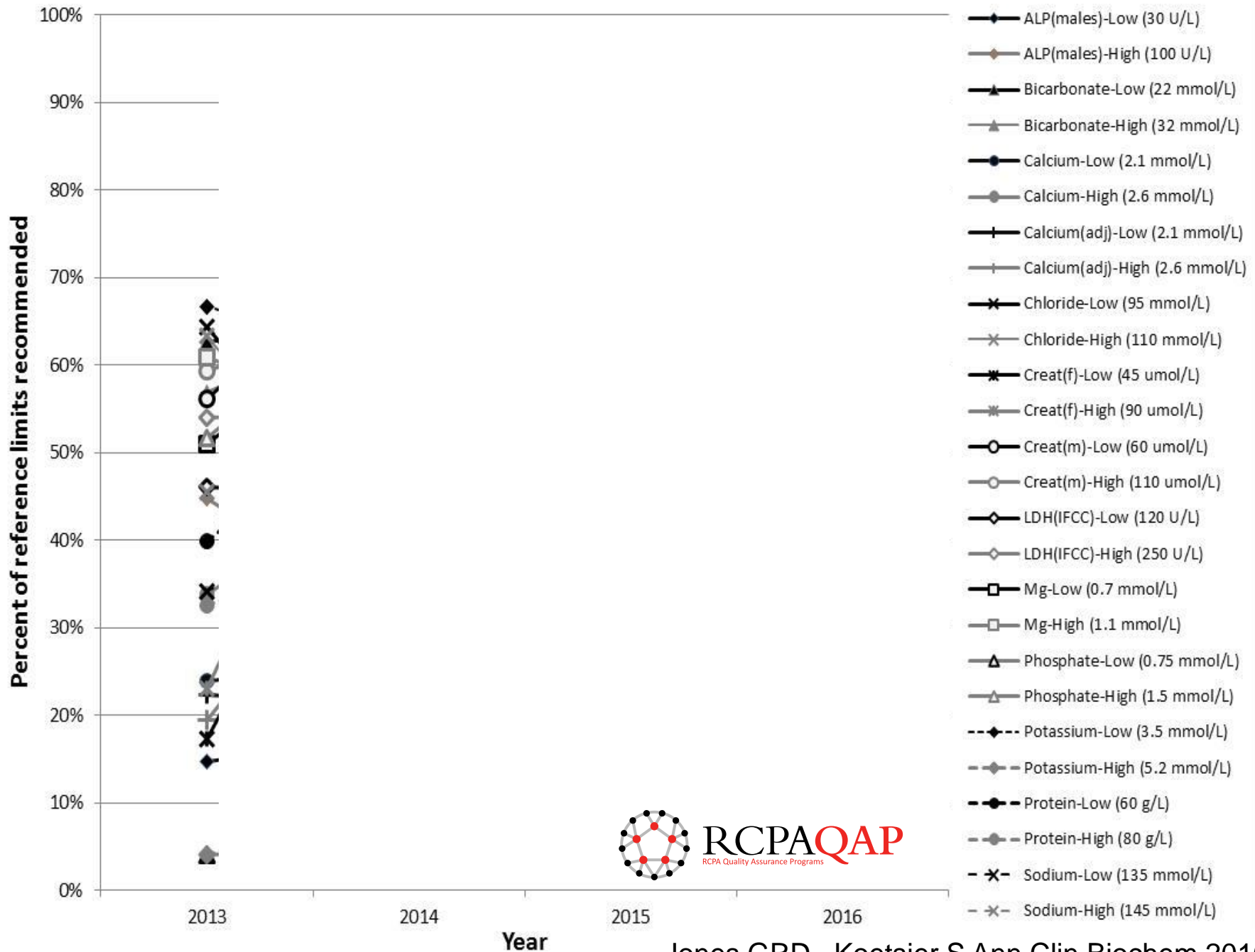


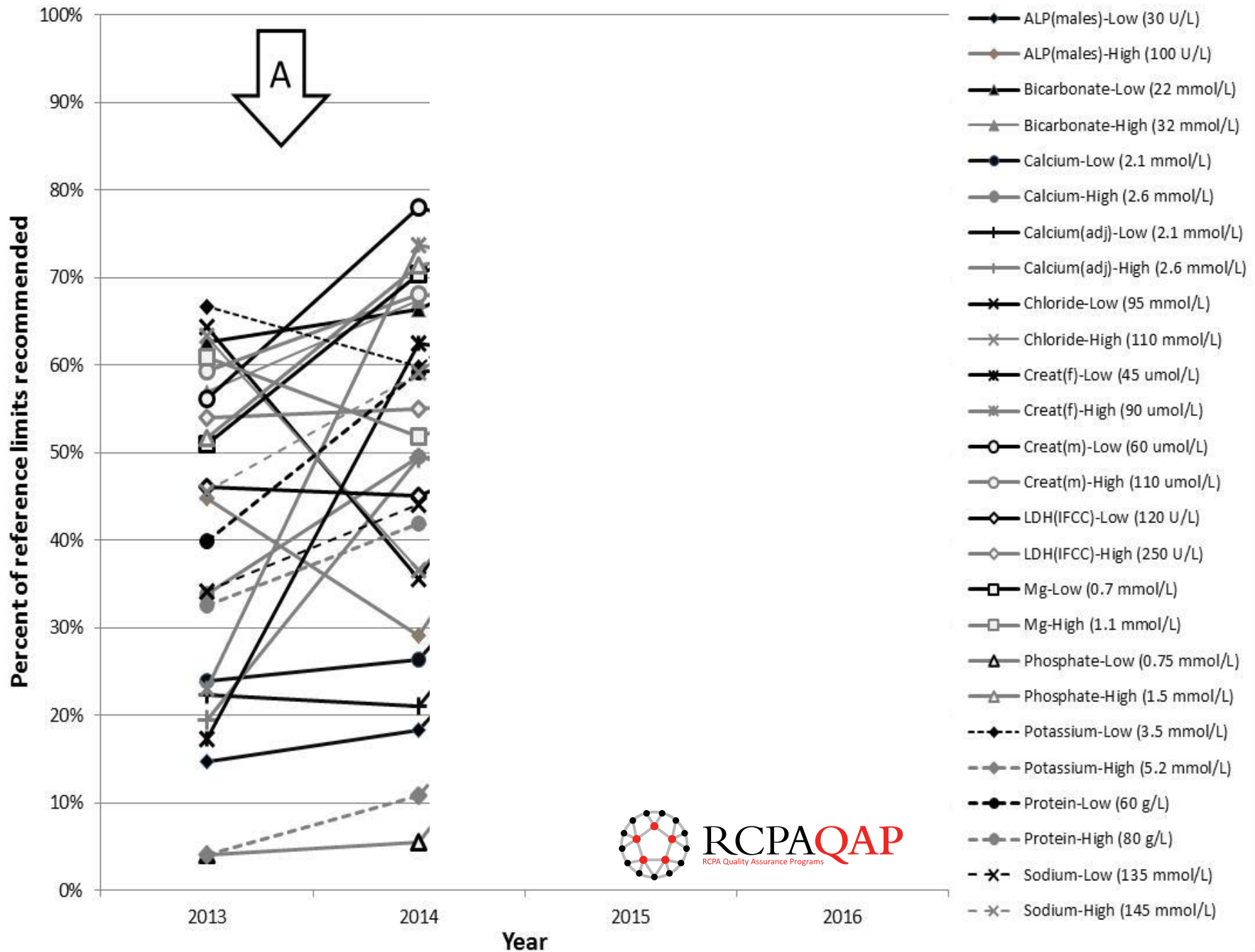


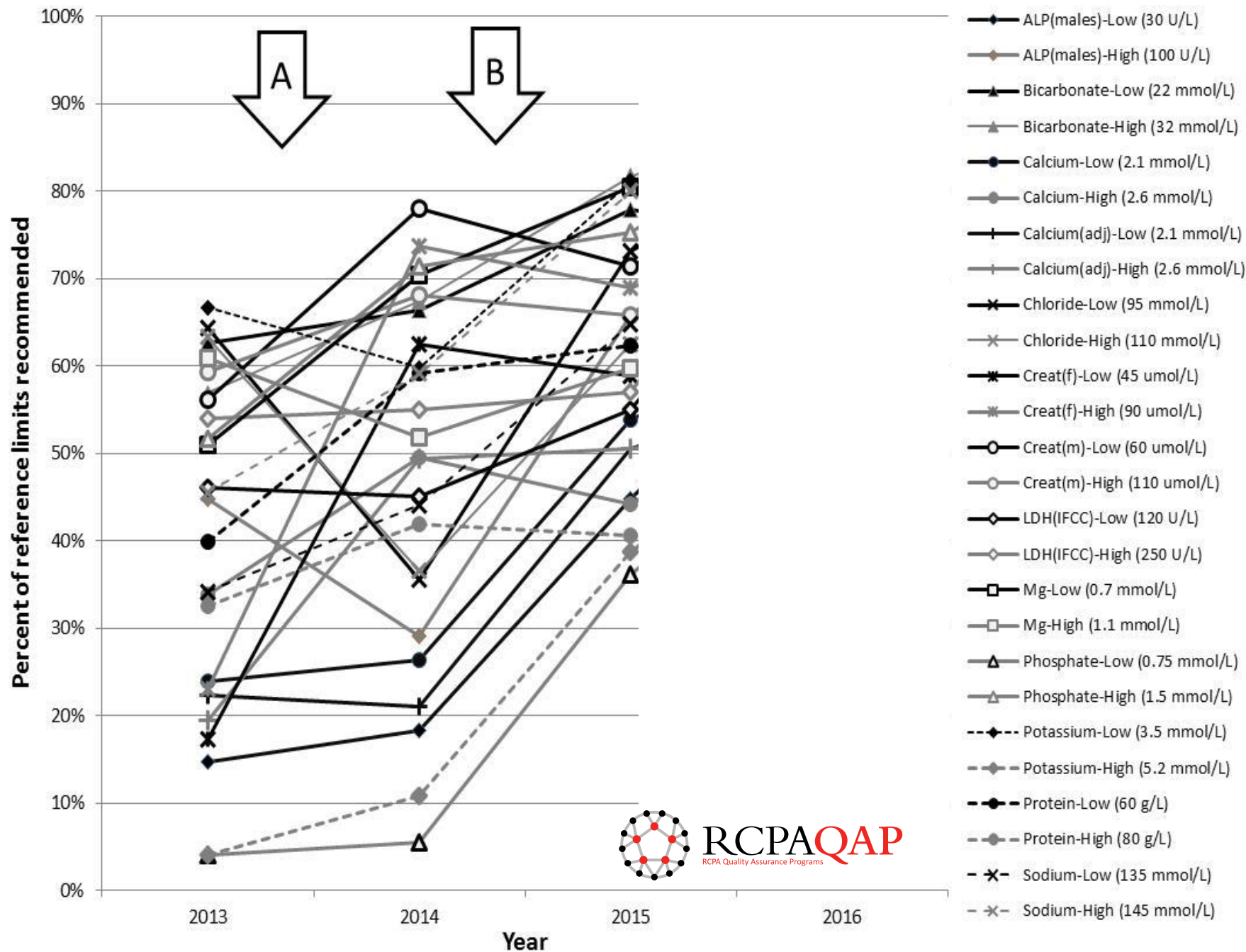
# Common Reference Intervals

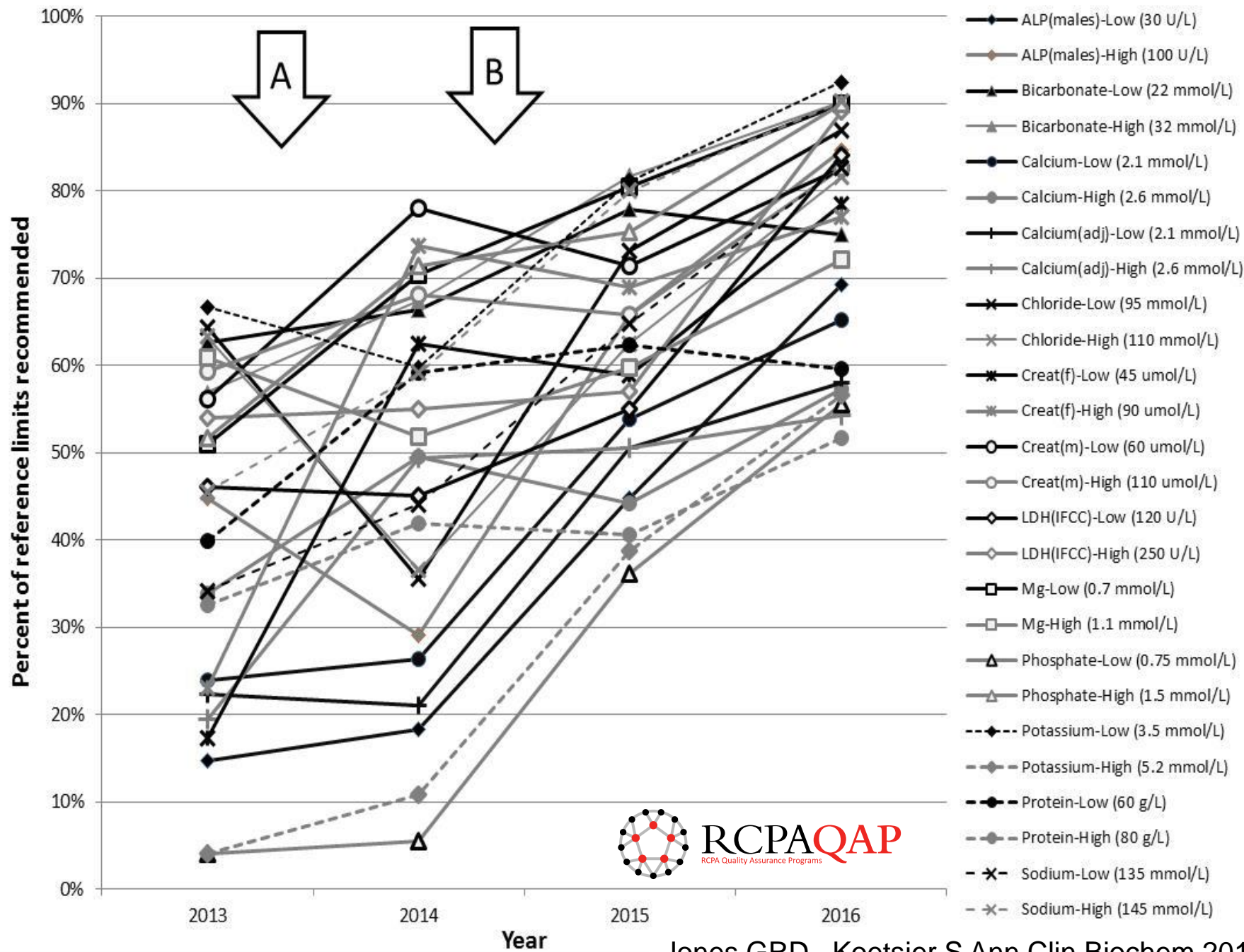
- Australian Project
- 2013 – 2015
- 12 Common tests
- Sodium, Potassium, Calcium ...



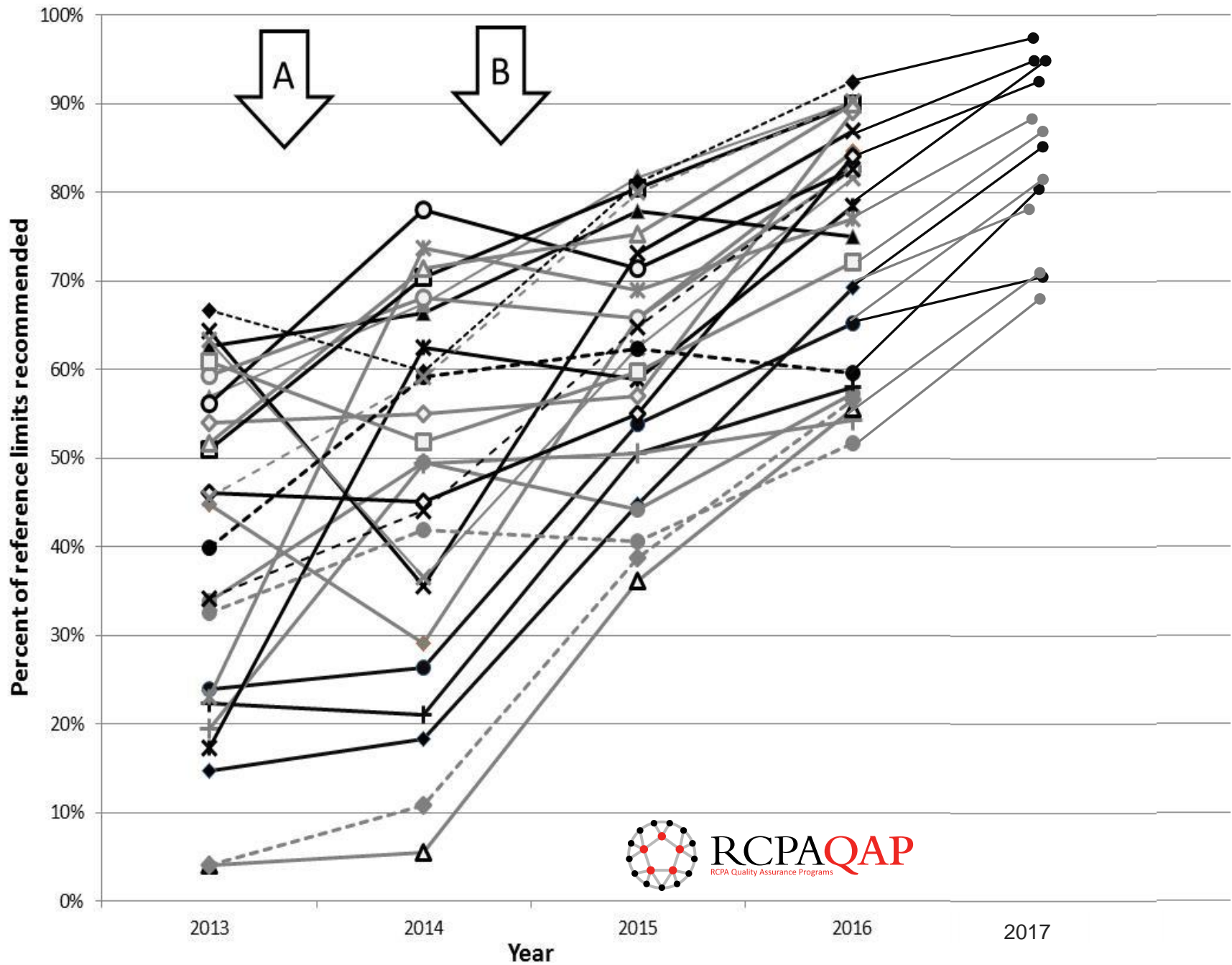




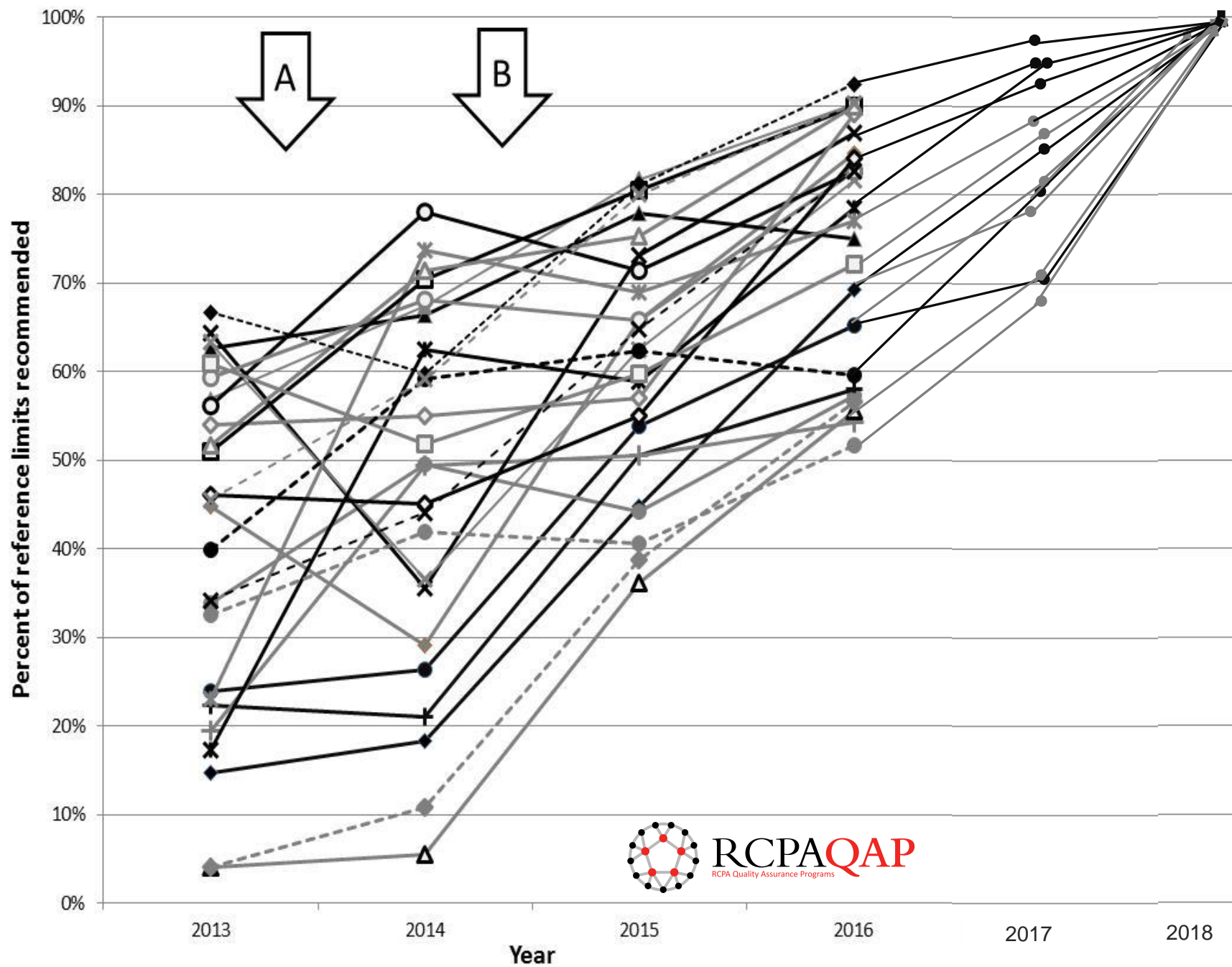








**RCPAQAP**  
RCPA Quality Assurance Programs



**RCPAQAP**  
 RCPA Quality Assurance Programs

# What can **we** do?

**Professional Organisations**

**Manufacturers**

**Laboratories**

**Measurement Institutes**

**Regulators**

**Accreditation agencies**

**Researchers**



# Professional organisations: APFCB - 2016

## **Symposium 2**

### **IFCC-SD**

IFCC-SD Standardization  
Globally Activity

*Ian Young (GB)*

*Kina Höglund (SE)*

*Graham Beastall (UK)*

## **Symposium 6**

### **JSCC**

Standardization and  
Harmonization in Japan

*Shigeru Ueda (JP)*

*Susumu Osawa (JP)*

*Naotaka Hamasaki (JP)*

## **Symposium 10**

### **KSCC**

Standardization Effort in Korea

*Junghan Song (KR)*

*Yeo-Min Yun (KR)*

*Gye-Cheol Kwon (KR)*

## **Symposium 14**

### **EFLM**

EFLM Harmonization of Total  
Testing Process

*Ferruccio Ceriotti (IT)*

*Ana-Maria Simundic (HR)*

*Mauro Panteghini (IT)*

*Éva Ajzner (HU)*

All activities need international alignment

# NGSP: HbA1c



## Harmonizing Hemoglobin A<sub>1c</sub> Testing

*A better A1C test means better diabetes care*

[Home](#) | [News](#) | [About the NGSP](#) | [More About HbA1c](#) | [Obtaining Certification](#) | [Certified Methods and Laboratories](#) | [CAP GH2 Data](#) | [Enter Monitoring Data](#) | [Links](#) | [Contact Us](#)

## Welcome to the NGSP Web Site

The purpose of the NGSP is to standardize Hemoglobin A1c test results to those of the Diabetes Control and Complications Trial (DCCT) and United Kingdom Prospective Diabetes Study (UKPDS) which established the direct relationships between HbA1c levels and outcome risks in patients with diabetes.

[Download Certification Packets](#)

[The Relationship Between HbA1c and Estimated Average Glucose \(eAG\)](#)

[More about the DCCT](#) | [More about the UKPDS](#)

### Convert between NGSP, IFCC and eAG

We have added a tool for converting between NGSP(%), IFCC (mmol/mol) and eAG (mg/dL) units. [Click here...](#)

### CAP 2016 GH5b Summary Report

The summary report for the CAP 2016 GH5b proficiency survey is now available. [Download...](#)



A-Z Index [A](#) [B](#) [C](#) [D](#) [E](#) [F](#)

## Laboratory Qualit

### Lab Standards Home

[Cholesterol Reference Method Laboratory Network](#)

[Ensuring the Quality of Urinary Iodine Procedures](#)

[Hormone Standardization](#)

[Lead and Multielement Proficiency Program](#)

[Lipid Standardization Program](#)

[Newborn Screening Quality Assurance Program](#)

[Proficiency in Arsenic Speciation](#)

[Vitamin A Laboratory - External Quality Assurance](#)

[Contact Us](#)

### Related Links

[Division of Laboratory Sciences](#)

# Key Resources

- [HoSt Testosterone Certified Procedures](#)



[PDF - 297 KB]

Updated September 2016

- [VDSCP Vitamin D Certified Procedures](#)



[PDF - 312 KB]

Updated September 2016

- [HoSt Estradiol Certified Procedures](#)



[PDF - 292 KB]

Updated September 2016

- [Minimize retesting of patients referred to another doctor](#)

SEARCH

### am Information

[Standardization of Measurement Procedures for Certified Participants](#)

[Reference Measurements](#)

[References and Related Link](#)

[Workshop Report \(2008\)](#)

[Contact the Program](#)

### esources

- [Testosterone Certified Procedures](#)  
[PDF - 297 KB]  
Updated September 2016
- [VDSCP Vitamin D Certified](#)



## Laboratory Quality Assurance and Standardization Programs

### Lab Standards Home

[Cholesterol Reference Method Laboratory Network](#)

[Ensuring the Quality of Urinary Iodine Procedures](#)

[Hormone Standardization](#)

[Lead and Multielement Proficiency Program](#)

[Lipid Standardization Program](#)

[Newborn Screening Quality Assurance Program](#)

[Proficiency in Arsenic Speciation](#)

[Vitamin A Laboratory - External Quality Assurance](#)

[Contact Us](#)

# Lipid Standardization Program



laboratories.

The Centers for Disease Control and Prevention (CDC) maintains a Lipid Standardization Program (LSP) that provides accuracy-based standards for measuring total cholesterol (TC), triglycerides (TG), high-density lipoprotein cholesterol (HDL-C), apolipoprotein A-I (apo A-I), and apolipoprotein B (apo B) in U.S. and international

The LSP is unique among external quality-control systems (EQAS) in that it provides a way to establish, assess, and improve the accuracy—or trueness—of analytical measurements over time. The LSP provides traceability to CDC's reference measurement procedures (RMPs) for the measurement of TC, TG, and HDL-C. Traceability to designated comparison methods (DCMs) at Northwest Lipid Metabolism and Diabetes Research Laboratories (NWLMDRL) for apolipoproteins is provided through the LSP. In this way, the LSP standardizes the resulting measured values of these lipids, lipoproteins, and apolipoproteins no matter what analytical system is used. Measurement standardization ensures the credibility of results and valid comparability among different

### Program Information

- [About the Program](#)
- [Eligibility Requirements](#)
- [FAQs](#)
- [General Information](#)
- [Reference Materials](#)
- [Reference Measurement Procedures](#)
- [Resources](#)
- [Standardization Process](#)
- [Suggested Reading & References](#)
- [Contact the Program](#)

### Related Links

[Division of Laboratory](#)

### Key Resources

# Certification Programs

- NGSP – HbA1c
- CDC - Lipids
- CDC - Steroids
  
- All use/contribute to JCTLM listed materials / methods / services
- All collaborate with international partners



## Laboratory Quality Assurance and Standardization Programs

### Lab Standards Home

[Cholesterol Reference Method Laboratory Network](#)

[Ensuring the Quality of Urinary Iodine Procedures](#)

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[Lead and Multielement Proficiency Program](#)

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[Proficiency in Arsenic Speciation](#)

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# Lipid Standardization Program



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The LSP is unique among external quality-control systems (EQAS) in that it provides a way to establish, assess, and improve the

accuracy of results and valid comparability among different

Commenced 1950's  
Related to Framingham Study  
Remains vital today  
Linked to JCTLM-listed methods

### Program Information

- [About the Program](#)
- [Eligibility Requirements](#)
- [FAQs](#)
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- [Reference Materials](#)
- [Reference Measurement Procedures](#)

[Standardization Process](#)  
[Suggested Reading & References](#)  
[Contact the Program](#)

### Related Links

[Division of Laboratory](#)

[sources](#)

# The role of Manufacturers

## 1. Actions

- Traceable to best international references (JCTLM)
- Good traceability practice (low uncertainty)
- Confirmed low bias of final product

## 2. Words

- Describe references used (JCTLM)
- Describe uncertainty
- Demonstrate quality of final product
- Include in IFU / sales material

# Routine Laboratories

- Choose methods which are:
  - Traceable to good references (JCTLM listed)
  - Have low uncertainties for calibrators
  - Minimise changes over time
- Select and promote unbiased comparators
  - Common decision points
  - Common reference intervals
- Confirm performance with traceable EQA



# Conclusions

- Assay traceability is vital for lab medicine
  - Patient safety
  - Cost effectiveness
  - Evidence based medicine
  - IT-application
- Metrology already backs most of what we do
  - Weights, volumes, currents, lights
- Traceability is a global activity
- We all need to play our role in traceability
- Good results are our contribution to healthcare

# Traceability – The Modern Tool

